

Coronavirus (COVID-19) Concerns

Prayer is the perfect place to start when we don't know what else to do... Imagine a never-ending circle with



hands joined across the globe, touching each continent. **There is power in prayer! Prayer** is powerful for everyday living and in times of crisis. 1 Thess. 5:17 reminds us to “**pray without ceasing,**” so:

- Set the atmosphere with music or candlelight.
- Write prayers that addresses the specific prayer request.
- Pray with hopefulness and expectancy that you have the listening ear of the Lord.
- Know that you are not praying aimlessly or alone. There are believers all over the world are also praying.



PRAY that even if we experience the worst imaginable outcome—a loved one or we get COVID-19—that Christ would remain our sure and steady anchor.

Pray that we would trust God and not waver in faith.

PRAYER TOPICS

***Wise Decision Making**—Psalm 91:1-2, Proverbs 2:1-8

Focus - And yet now there *is* an outbreak of global concern. **Pray** for us, then, as we fight against anxiety and walk the line between faith and wisdom. Pray that we do not lose sight that God is our help and our refuge, and God sees our distress.

***World and Church Unity**—Psalm 133:1; 1 Cor. 1:10; Col. 3:13-14

Focus - Pray that Godly leaders would be trusted, that we'd assume the best motives in our brothers and sisters, and that we'd act with charity and clarity.

***Healthcare Providers & Care Centers**—Jeremiah 29:7

Focus - Pray that doctors and nurses are energized for their work. Pray for their safety and compassion, as they are the first line of defense.

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***Federal, State, and Local Government Officials—**1 Timothy 2:1-2
Focus - Pray that the leaders of our government agencies would have wisdom and skill in containing the epidemic.

***Those Susceptible to Disease—**Luke 5:17-26
Focus - Pray for those who are most vulnerable and for healing for those who have the virus. Pray that its spread would continue to slow and soon be eradicated.

***Vaccine—**Ephesians 3:20
Focus - Pray for the scientists and biomedical engineers scrambling to invent a way to cure and immunize against this new virus.

PRACTICE

The Centers for Disease Control and Prevention (CDC) continue to recommend the measures to prevent the spread of germs and avoid illness, such as:

- *Wash hands with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.*
- *Avoid touching eyes, nose and mouth with unwashed hands.*
- *Avoid close contact with people who are sick.*
- *Stay home when feeling sick.*
- *Cover your cough or sneeze in the crook of your arm or with a tissue, then throw the tissue in the trash.*
- *Clean and disinfect frequently touched objects and surfaces.*

**For up-to-date resources and information:
Visit health.maryland.gov/coronavirus**

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